

Student partnership in wellbeing research and scholarship

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Aims

This research aimed to design, evaluate and iterate a new module for student wellbeing and personal development in the digital world.

Findings

1. Stakeholder engagement and student focus groups supported the need for the module.
2. Students valued being treated as partners in the module content and assessment.
3. Student engagement in the research was vital but logistically and ethically challenging.
4. There is a need to maintain the feeling of community while scaling up the offering and class size.

Impact

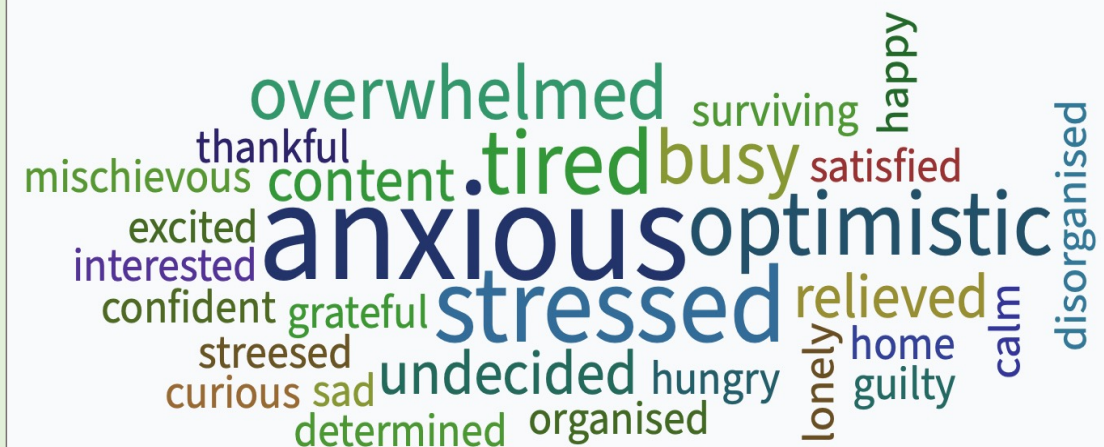
‘Engaged research’ activities enabled us to design a student-centred module that was meaningful for students while demonstrating the importance of our initiative to stakeholders.

Students described the module as a ‘safe space’.

The partnership with students is continuing to inform our research on complementary digital supports for student wellbeing and development.

Visual: One word check-in

Students’ responses to how they were feeling in class:



Additional Content

Students designed digital tools to support their wellbeing as part of their group work assessment. These needs were: time management, mental health, nutrition, and social connection.

Scan QR code to hear more at our VIT&L event:

Student feedback : *“I have come out of the past few weeks feeling more content and genuinely confident with myself”*

